*Jennifer M. Shuart, LICSW, PMHNP-BC, APRN*

*Stepping Stones to Well Being, LLC*

**Patient's Bill of Rights**

As a person receiving mental health services, it is important that you know your rights in treatment.

You have the right to:

1. Be treated with dignity and respect.
2. Ask questions and get answers about services.
3. Participate fully in all decisions about treatment or services.
4. Request changes in treatment or services.
5. Refuse treatment or service or terminate services at any time.
6. Be informed about the rules that will result in discharge from a program if violated.
7. Have your family involved in your treatment.
8. Refuse family participation in your treatment, if you choose.
9. Not be subjected to verbal, physical, sexual, emotional or financial abuse; harsh or unfair treatment.
10. Decide who else can see your records, with several exceptions. Those who do not need to ask your permission are: people involved in your mental health treatment or to whom you are referred for treatment, people providing emergency medical care, an attorney representing you at a commitment hearing, a court, people conducting program or utilization reviews, or third party payers (those who pay for your treatment). These people may only see as much information as they need for the specific purpose requested.
11. Not be discriminated against on the basis of race, age, sex, religion, national origin, sexual orientation, disability, or marital status.